

Sri Holidays



your travel partner for Sri Lanka

7 DAYS RAIN FOREST | NATURE TREKKING WALK

B2B - Fully Customizable



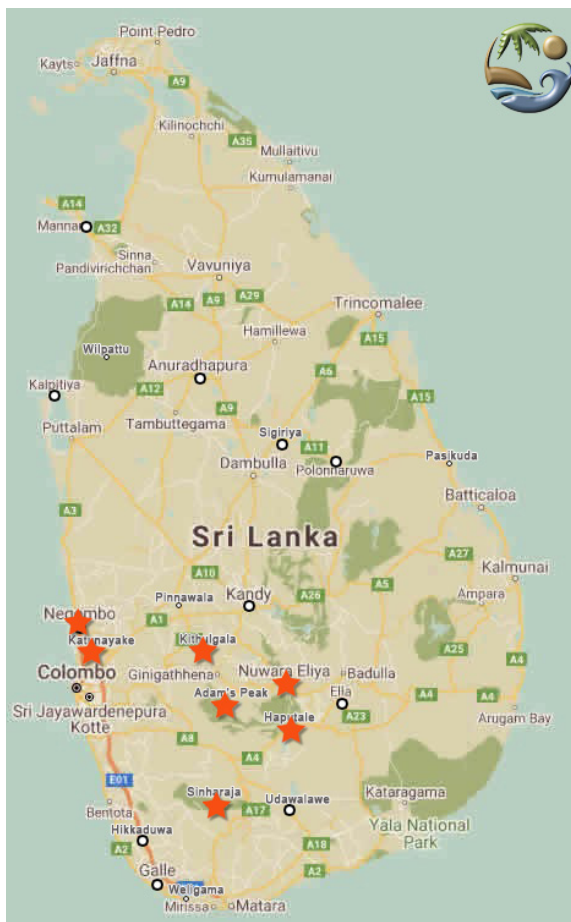
Mobile/WhatsApp/Viber/Imo
: 0094 773 866 315
b2b@sri-holidays.com

Overview:

- A 7-day Rainforest | Nature Trekking Tour
- For all Age Groups - For all Group Sizes
- Special Packages for Solo Travelers available
- Private Transportation with an experienced chauffeur guide
- Fully Customizable
- 24/7 Customer Hotline

This outstanding Sri Lanka Island Tour was designed with the help of many customer feedbacks - allowing us to pick the most convenient route, choice accommodation, and, most importantly, the best sights and beaches Sri Lanka has to offer.

SAFE & SECURE! We provide you with a safe, but non-intrusive travel environment, implementing strict protection measures for all our staff, vehicles, and partner hotels. You will be traveling with your partner, friends, and/or family only, no sharing!



We are known for consistent high-quality service, the best tour arrangements, and unmatched safety standards. Sri Holidays is the first choice as a Sri Lanka Travel Partner who discreetly takes care of all your needs and well-being

- Over 20 years of professional experience
- 24/7 Customer Hotline
- Own fleet of new a/c limousines & mini-vans
- Best Rates Guarantee as contract partner for most hotels and service providers in Sri Lanka
- All health & safety

Tour Itinerary:

DAY 01:

Airport - Negombo

Arrival at the Bandaranayake International Airport, meet and transfer to the first hotel in Negombo. Go on a Muthurajawela Wetland Boat Safari. The Muthurajawela Marshes are situated just south of Negombo and covers an area of approximately 6,000 hectares inclusive of the Negombo lagoon. The daily high tide brings in seawater from the ocean into the wetland. Continuous mixing of these two waters over thousands of years, has led to a brackish, integrated coastal ecosystem that is biologically diverse and teeming with life. A variety of mangroves and other types of flora including medicinal plants are found alongside numerous types of birds, butterflies and fish, some of which are endemic. Crocodiles, monitor lizards, and Sri Lanka's largest snake, the Python, are also native.

Overnight in Negombo

DAY 02:

Negombo - Kithulgala

After breakfast leave for Kithulgala. Kitulgala is a small town in the west of Sri Lanka. The Academy Award-winning *The Bridge on the River Kwai* was filmed on the Kelani River near Kitulgala, although nothing remains now except the concrete foundations for the bridge. Kitulgala is also a base for white-water rafting, which starts a few kilometers upstream and also popular as a location for adventure based training programs.

Enjoy Trekking in Kithulgala. Out of the outdoor activities done in Kitulgala, the trek through the vast jungle is where you are able to get up and close with nature and see things with a different perspective comparatively. There is a lot to explore and experience the breathtaking scenery of the mountains and hills around you. It is one of the ideal places for bird-watching, as there are a couple of rare and endemic bird species that flock in these areas due to the fact that it is a rainforest and a prominent habitat for most of the other wildlife animals as well. Learn about the various types of flora and fauna that are found everywhere across the forest acres – the magnificent waterfalls and streams that are secluded deep inside – the golden chest in an epic treasure hunt. The reward would be to cool off by taking a dip in these clean fresh streams and feel refreshed and rejuvenated. You can do everything leisurely – within your own pace because you will not be able to properly enjoy yourself if you are rushing and in a hurry.

Overnight in Kithulgala

DAY 03:

Kitulgala - Adam's Peak - Nuwara Eliya or Delhouse

Experience White Water Rafting in the picturesque Kelani River, covering 5 major rapids and 4 minor rapids. This activity is for anyone above the age of 10 years with safety gear, modern rafts, and a comprehensive safety briefing will be given by our white water rafting instructors beforehand. The distance covered is around 5 KMs. The river and its surrounding will make you feel enchanted, with a memorable Experience during your White Water Rafting Tour in Kithulagala.

leave for Adam's Peak. Adam's Peak, also known as Sri Pada (sacred footstep) and Samanala Kanda (butterfly mountain), is a conical mountain standing 2,243m (7,359ft) tall in the central highlands of Sri Lanka. Trekking up the mountain is popular with both tourists and locals, who are allured by its mystery as well as the enchanting beauty they are rewarded with at the top. The mountain is named for a point near the summit that is sacred to several faiths: it is a place of worship for Buddhists, who believe the Buddha's footprint is located here; Hindus believe the footprint belongs to Shiva; Christians and Muslims believe it is Adam's first step after being exiled from the Garden of Eden. The mountain is also known for the spectacular sight of thousands of beautiful butterflies gracing the area annually.

The hike includes 5,000-6,000 crumbling steps and incline trekking, but technical climbing is not required. Depending on the trail taken, the crowd and the climbers' fitness level, the mountain can take approximately two to four hours to climb and one to two hours to descend.

Overnight in Nuwara Eliya or Delhouse

DAY 04:

Horton Plains - Kalupahana - Haputale

make an excursion to Horton Plains. This misty grassland plateau is a National Park and UNESCO World Heritage Site. It sits at an elevation of more than 2,000 m (6,500 ft) about 20 km from Nuwara Eliya. There is a strange and mysterious silence about the place, and it has some excellent walks. From this plateau rise Sri Lanka's second- and third-highest mountains: Thotupola Kanda (2,357 m) and Kirigalpota (2,389 m). The grassland is interspersed with patches of forest and some unusual vegetation that grows only at high altitudes. The trees are encrusted with lichens, and giant ferns and rhododendrons also flourish. The dense forests are home to deer, jackal, the shaggy bear-monkey, sambhur (a large deer) and the occasional leopard. The plains are also popular with birdwatchers. World's End is located in Horton Plains National Park and it is a sheer cliff, with a drop of about 4,000 feet (1,200 m). It is one of the most visited parts of Horton Plains National Park. It is one of the key tourist attractions in Sri Lanka.

Trek to Kalupahana where you will be rewarded with gorgeous views which are perfect where you can capture some really great pictures for remembrance. There

are several Unesco world heritage sites nearby Kalupahana. The closest heritage site in Sri Lanka is Sinharaja Forest Reserve at a distance of 34 mi (or 54 km), South-West. Enjoy your trek in a leisurely manner as there's no rush.

Overnight in Haputale

DAY 05:

Haputale - Sinharaja

After breakfast leave for Sinharaja. Sinharaja Forest Reserve is a national park and a biodiversity hotspot in Sri Lanka. It is of international significance and has been designated a Biosphere Reserve and World Heritage Site by UNESCO. The hilly virgin rainforest, part of the Sri Lanka lowland rain forests ecoregion, was saved from the worst of commercial logging by its inaccessibility, and was designated a World Biosphere Reserve in 1978 and a World Heritage Site in 1988. The reserve's name translates as Lion Kingdom. The reserve is only 21 km (13 mi) from east to west, and a maximum of 7 km (4.3 mi) from north to south, but it is a treasure trove of endemic species, including trees, insects, amphibians, reptiles, birds, and mammals. Because of the dense vegetation, wildlife is not as easily seen as at dry-zone national parks such as Yala. There are about 3 elephants, and 15 or so [vague] leopards. The most common larger mammal is the endemic purple-faced langur. Birds tend to move in mixed feeding flocks, invariably led by the fearless greater racket-tailed drongo and the noisy orange-billed babbler. Of Sri Lanka's 26 endemic birds, the 20 rainforest species all occur here, including the elusive red-faced malkoha, green-billed coucal and Sri Lanka blue magpie. Reptiles include the endemic green pit viper and hump-nosed vipers, and there are a large variety of amphibians, especially tree frogs. Invertebrates include the endemic common birdwing, butterfly and leeches.

Overnight in Sinharaja

DAY 06:

Sinharaja

Breakfast at the hotel. Trek through picturesque paths and shimmering streams whilst observing the beautiful greenery of mother nature. There are a lot of trails that can be explored in the forest reserve, no one would know where to start – it's that overwhelming. Walking through these trails is proven to be a very interesting and eye-opening experience, the scenery and the surroundings are marvellous – Mother Nature at her absolute best, some would say. A knowledgeable guide who can speak good English must be present once you're ready to embark on the journey, as they are helpful and necessary. Trekking through these trails in the forest can be an adventurous feat, definitely not for the light-hearted people out there. It can be difficult for the professional trekkers too, so you'll have to be prepared for what you're going to face out there in advance. Some trails are not that hard to attempt and all ages should be able to make their way without getting

too exhausted. Enjoy yourself in a leisurely manner as that's the best way to do anything – there's no rush. Along the way there are streams that are perfect to take a dip in and refresh yourself – what better way to take a break? However, there are a couple of factors to consider and the weather conditions are one of the most important ones. It's going to be calm one moment then there will be a heavy downpour the next – very unpredictable so it is always better to be prepared with raincoats and other necessary items to be careful

Overnight in Sinharaja

DAY 07:

Sinharaja - Airport

After breakfast leave for airport

Tour Includes:

- Accommodation at selected Hotels in double room (sharing)
- Meal Plan: Breakfast and dinner (half-board)
- Experienced, English-speaking driver/guide with required guiding permit.
- French, German, Russian, Italian, Japanese speaking guides can be booked for a small surcharge.
- Private transportation by a/c luxury limousine or Japanese Mini Van with driver/guide
- Full vehicle/passenger insurance by Sri Lanka Insurance Corporation Ltd.
- Driver Accommodation & Meals
- 24/7 Customer Hotline

Optional

- Wi-Fi
- Free Baby Seat
- Free Wheelchair
- Free Baby Cot (below 3 years)

Tour Does Not Include:

Client(s) Medical / Travel
Insurance Meals not mentioned
above Applicable Entrance Fees
International/Domestic Flights
Personal Expenses
Tips/Porterage
Excursions not mentioned in the Tour Itinerary

CONTACT US FOR **A QUOTE**
& ALL AVAILABLE OPTIONS

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