

Sri Holidays



your travel partner for Sri Lanka

SRI LANKA FOR FOODIES

Authentic Culinary Experiences
B2B - Fully Customizable



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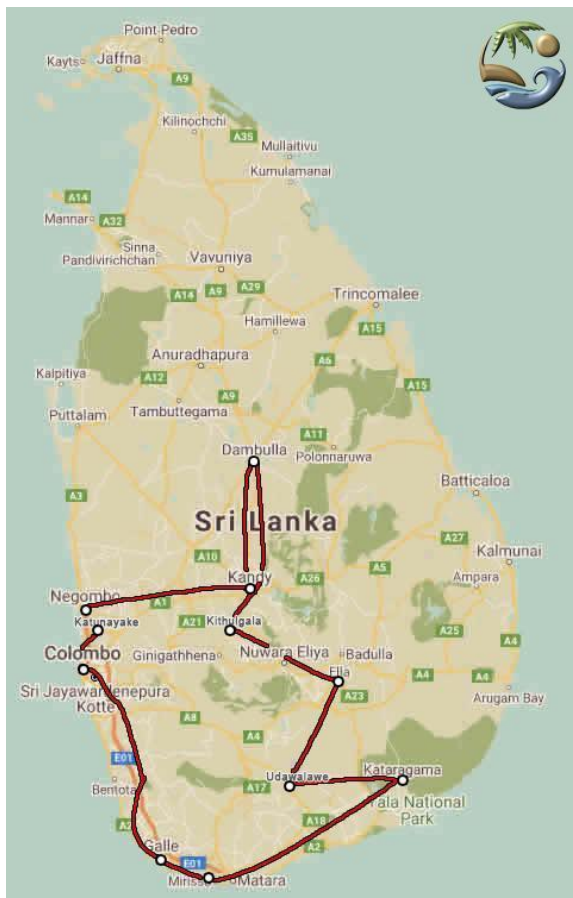
Overview:

- 12 Days Private Sri Lanka Tour
- Food exploration of Sri Lanka incl. Cooking Class & Street Food
- For all Age Groups - For all Group Sizes
- Special Packages for Solo Travelers available
- Private Transportation with an experienced chauffeur guide

- Fully Customizable
- 24/7 Customer Hotline

Taste melt-in-the-mouth desserts, cook seafood straight out of the hands of a fisherman, uncover fiery curries and spend time with welcoming locals keen to share the mysteries of Sri Lankan cuisine. This is truly an adventure for the senses.

SAFE & SECURE! We provide you with a safe, but non-intrusive travel environment, implementing strict protection measures for all our staff, vehicles, and partner hotels. You will be traveling with your partner, friends, and/or family only, no sharing!



We are known for consistent high-quality service, the best tour arrangements, and unmatched safety standards. Sri Holidays is the first choice as a Sri Lanka Travel Partner who discreetly takes care of all your needs and well-being

Over 20 years of professional experience
 24/7 Customer Hotline
 Own fleet of new a/c limousines & mini-vans
 Best Rates Guarantee as contract partner for most hotels and service providers in Sri Lanka

Tour Itinerary:

DAY 01:

Negombo - Dinner

Welcome to Sri Lanka. Known as the '*Pearl of the Indian Ocean*', the island offers travelers palm-studded beaches, rolling plantations, and sacred sites steeped in spirituality. With charming people, mysterious ruins, and some of the best cuisine in the world, Sri Lanka's hypnotic essence will remain with you long after you come home. You'll begin your adventure by getting in the seaside spirit in Negombo, a historical commercial center surrounded by a fascinating network of canals teeming with rural life. Pull up a deck chair on Negombo's huge, sweeping beach and enjoy the Indian Ocean. Spend your first night enjoying the coastline, watching the fishing boats float by. Go out for a meal with your driver for your first taste of Sri Lankan cuisine.

DAY 02:

Dambulla - Breakfast, Lunch & Dinner

In the morning, wake early and catch the action at the Negombo fish market. The market is situated at the northern end of a lagoon renowned for lobsters, crabs, and prawns. Weave through stalls piled with sharks, squid, barracuda, and unheard-of sea creatures as the sellers call out their wares and get a great insight into local commerce. Continue on to a coconut plantation (approximately 1 hour) to discover why this 'super food' is so central to life in Sri Lanka.

Learn how all parts of the tree play an important part in daily life, sip the water of a king coconut, watch 'toddy tappers' extract the palm wine from the coconut sap, and taste the results. Enjoy a Sri Lankan rice and curry lunch. Head inland to Dambulla (approximately 2 hours), home to vibrantly decorated cave temples and a great base to explore the wide array of natural wonders and historic sites in this fascinating area. Your evening is free to explore. Alternatively, join your guide on an optional street food crawl for an introduction to some staple Sri Lankan *short eats* including hoppers and the famous kottu roti.

DAY 03:

Dambulla - Breakfast

After breakfast, drive to Sigiriya (approximately 30 minutes). Here you will have the opportunity to climb to the top of the rock and visit its elaborate ancient fortress complex (approximately 2.5 hours round-trip on foot, including stairs). The 200-meter-high ancient remains of a defensive capital built by a fearful king, 'Lion Rock' houses dynamic fifth-century frescos, terraced gardens, and splashing fountains. Next, observe age-old traditions at a nearby Chena cultivation area, one

of the oldest forms of agriculture known to humans. It's particularly popular in the dry zone of the country where it rains for only a few months of the year. Principal crops are tropical vegetables, cereals, grains, yams, and corn. Then feast on tropical vegetables, curry made with tapioca, and fried fish caught in the nearby lake for lunch. In the late afternoon, return to Dambulla to explore the Wholesale Market and dodge the trucks and people piled high with every type of produce imaginable. Boasting an incredible array of fresh food, much of which is subsequently transported to Colombo for sale, this is the perfect place to get a sense of Sri

Lanka's agricultural diversity. The rest of the evening is free for your own food adventures. Use the free evening to poke around the town or sit back with a drink. There are plenty of street food places surrounding the markets. Your driver will also have some tips on where to find the best roti in town.

DAY 04:

Kandy - Breakfast & Lunch

After breakfast, you will have time to explore the Dambulla cave temple and admire the many Buddha images, frescoes, and paintings. On the way to the physical and spiritual heart of the country and the former home of the last Sri Lankan king, stop for lunch at a spice garden in the renowned spice-growing region of Matale. Sri Lankans are the masters of spice and here you can learn how spices aren't just used in food, but also cosmetics and ayurvedic medicine. Smell the fragrant odors of cumin, cinnamon, and curry leaves before tasting pumpkin curry flavored with aromatic fenugreek, with a side of dry chilly sambal and the uniquely Sri Lankan coconut roti. As the spice gardens here are popular with tourists, you will find the prices to be higher than outside, but it is the ideal place to learn about the best Sri Lankan spices. Continue on to Kandy and arrive by late afternoon (approximately 2 hours). Kandy is a pleasant city surrounded by lush green countryside, and it's home to a picturesque lake, old shops, a bustling market, and some great restaurants. This evening observes locals worshipping in Kandy's Dalada Maligawa (Temple of the

Tooth), one of Sri Lanka's most sacred shrines that houses a tooth relic of the Lord Buddha. With your free evening, perhaps follow the sound of rhythmic chopping to watch a chef transform a ball of dough into a huge sheet of wafer-thin roti, skilfully slice, griddle, mix with vegetables and spices and create kotthu roti.

DAY 05:

Kandy - Breakfast & Dinner

This morning you'll enjoy a guided walk around Kandy's busy city center, including a tour of the Central Market and samples of local fresh fruits, before visiting a nearby working tea factory.

Afternoon visit the botanical gardens here are among the best in Asia. In the early evening, join a Sinhalese family to spoil your sweet tooth with a Kandyan sweet-filled Sri Lankan dinner and cooking class. Try your hand at crafting string hoppers, pressing a smooth rice dough into noodle-thin strands to form perfect discs (this is an art that takes some practice to master!), try a chicken curry made with spice-infused coconut milk, closer to a Thai curry than a classic North Indian one. Then fill up on specialty sweets inspired by Dutch and Portuguese dessert traditions.

DAY 06:

Ella - Breakfast

Take a scenic journey into the highlands to Ella (approximately 7 hours). Journey past waterfalls, little villages, and up through the mountains on the way to this town in the cool highlands, once popular with British plantation managers. Look down over a sweeping vista filled with bright green tea bushes and vegetable gardens. Ella is a small town in the Badulla District of Uva Province, Sri Lanka governed by an Urban Council. It is approximately 200 kilometers (120 mi) east of Colombo and is situated at an elevation of 1,041 meters (3,415 ft) above sea level. The area has a rich bio-diversity, dense with numerous varieties of flora and fauna. Ella is surrounded by hills covered with cloud forests and tea plantations. The town has a cooler climate than the surrounding lowlands, due to its elevation. The Ella Gap allows views across the southern plains of Sri Lanka. There are plenty of restaurants surrounding the Ella town. Your driver will also have some tips on where to find the best in town.

DAY 07:

Ella - Breakfast & Lunch

Rise early and head to the verdant surrounds of the region's tea plantations. Learn about the country's most important export, meet local tea pickers who will show you their craft and let you have a hands-on go at picking, and then weighing tea before it heads off to the factory. Enjoy a cup (or two) at the source! Then travel out to the town of Haputale (approximately 1 hour) for a home-cooked lunch with a family. Tear into traditional Tamil cuisine with dosa – a crispy rice pancake – and idli, a savory steamed rice cake served with curry sauces or chutneys. Return to Ella in the late afternoon and soak up the rural charm of the town and the beautiful surrounding landscapes. There are plenty of restaurants and street food stalls surrounding the Ella town.

DAY 08:

Yala - Breakfast, Lunch & Dinner

After breakfast leave for Yala. Lunch at Chena. Dating back to early tribal communities, Chena cultivation is a special form of agriculture in Sri Lanka. Learn about this intriguing method of farming as you indulge in a special lunch in the chena fields and experience life in authentic chena huts. Afternoon visit the Yala National Park. Yala National Park is

famously known for its highest concentration of leopard in the world and this is the second largest national park in Sri Lanka. The park is primarily shrub jungle with rocky outcrops that dot the park, along with several salts and freshwater lagoons. Rain is received mainly during the northeast monsoon usually from May to September. At the Yala national park visitors could spot leopards, elephants, sloth bears, Sambar and spotted deer, jackal, mongoose, wild boar, wild buffaloes, langur, and macaque monkeys. Yala is also famous for its birdlife. There are around 130 species of birds that have been spotted at the premises including black-necked stork, sandpipers, pelicans, egrets, hoopoes, parakeets, and bulbuls. One could spot peacocks as soon as they enter the park, unlike the evasive jungle fowl, the national bird of Sri Lanka.

DAY 09:

Mirissa - Breakfast & Dinner

Start the day sweetly by discovering one of Sri Lanka's favorite ingredients. Try buffalo curd, served in bright terracotta pots with thick, golden treacle, often eaten as a snack, as an accompaniment to meals, or as a dessert. Sri Lankans are famed for their sweet tooth and this is just about as sweet as it gets. En-route to the beautiful beach village of Mirissa (approximately 3 hours) discover the Muslim influence on Sri Lankan food with dishes like biryani and watalappam at lunch. Spend the rest of the day relaxing or exploring the golden sands of Sri Lanka's southern coastline. The beach is a long curve of sand and has lovely calm clear waters for swimming, and the sunsets are great too. This is a paradise that you won't want to leave.

Perhaps consider taking a bicycle ride or tuk-tuk to watch colorful fishing boats bring back their loads of fresh fish to sell along the shore. Maybe take a boat to spot whales and dolphins, or wash down all that chilly with a beer, while watching surfers take on the waves.

DAY 10:

Mirissa - Breakfast & Dinner

Meet with a local fisherman and enjoy the freshest seafood lunch possible with a fisherman's family – a wonderful crab curry is likely to be on the menu. Continue on to the perfectly preserved colonial township of Galle (approximately 1 hour) and its blend of European architecture and South Asian traditions.

In the evening take a tour of the Royal Dutch Fort, exploring the winding passageways, a maze of gallery-filled narrow streets, and 400 years of rich history. Return to Mirissa for the night.

DAY 11:

Colombo - Breakfast & Dinner

Head north for the final stop on this gastronomic adventure and Sri Lanka's commercial heart, Colombo (approximately 2.5 hours). The city is a cosmopolitan mix of vibrant street markets, colonial buildings, interesting museums, fine restaurants, and great shopping opportunities. Snack your way around lanes filled with 'short eats', street-food possibilities, and bustling local eateries. Enjoy a final Dutch Burgher-influenced meal, and celebrate the end of your food adventure.

DAY 12:

Colombo - Breakfast & Dinner

After breakfast leave for the airport or your next destination in Sri Lanka

Tour Includes

- Accommodation at selected Hotels in double room (sharing)
- Meal plan: 11 breakfasts, 4 lunches, 7 dinners
- 2nd class Train Ticket(s)
- 4 x4 Jeep Safari at Yala National Park
- Visit the Negombo fish market
- Madampe - Coconut plantation
- Toddy Tappers
- Dambulla - Markets Tour
- Sigiriya - Lion Rock
- Dambulla - Cave Temple
- Matale - Ayurvedic Spice Garden and Lunch
- Kandy - Temple of the Tooth with Pooja Ceremony
- Kandy - Cooking Class at a Sinhalese Home
- Kandy - Tea Factory
- Kandy - Markets & Street Food Tastings
- Ella - Cooking Demonstration & Local Meal
- Yala – Chenna Cooking Demonstration
- Experienced, English-speaking driver/guide with required guiding permit.
- French, German, Russian, Italian, Japanese speaking guides can be booked for a small surcharge.
- Private transportation by a/c luxury limousine or Japanese Mini Van with driver/guide
- Full vehicle/passenger insurance by Sri Lanka Insurance Corporation Ltd.
- Driver Accommodation & Meals
- 24/7 Customer Hotline

Optional

- Wi-Fi
- Free Baby Seat
- Free Wheelchair
- Free Baby Cot (below 3 years)

Tour Does Not Include:

Client(s) Medical / Travel Insurance

Meals not mentioned above

Applicable Entrance Fees

International/Domestic Flights

Personal Expenses

Tips/Porterage

Excursions not mentioned in the Tour Itinerary

CONTACT US FOR **A QUOTE**
& ALL AVAILABLE OPTIONS

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